

You are invited to:

# **A FREE INFORMAL GATHERING AUGUST 26, 2025 @6 PM**

**CAPRICIOUS IN HISTORIC  
DOWNTOWN NEWBERRY**

HOSTED BY: T.H.R.I.V.E

THE HEALTHY RESOURCE INITIATIVE VOICING EQUITY

A TIME TO EXPRESS YOUR CONCERNS AND  
INTEREST IN DEVELOPING A SUSTAINABLE AND INCLUSIVE  
INITIATIVE THAT FOCUSES ON  
KEEPING NEWBERRY HEALTHY WITH EQUAL ACCESS TO  
ALL. LET'S REMOVE THE BARRIERS THAT PREVENT OUR  
COMMUNITY FROM  
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Newberry, like many communities, is constantly evolving, and with this evolution comes the need to reassess the health services and resources available to its residents. Ensuring that everyone has access to quality healthcare is a cornerstone of a thriving community. Here are some key areas where Newberry could benefit from enhanced health services and resources:

# 1. Enhancing Services for Seniors

As the population ages, the need for senior-specific health services becomes more pressing. Important resources include:

**Geriatric care specialists:** Increasing the number of healthcare providers specializing in elderly care.

**Home health services:** Expanding services that provide in-home care for seniors who have difficulty traveling.

**Senior wellness programs:** Developing programs focused on physical activity, nutrition, and social engagement to improve quality of life.

# 2. Increasing Access to Primary Care

Primary care is the frontline of healthcare. To improve access in Newberry, consider:

**Mobile Outreach clinics:** Establishing mobile outreach clinics in underserved areas to reduce travel time, offering free services, and making access readily available. **Telemedicine options:** Implementing telehealth services to provide care for those who cannot easily visit a clinic.

**Health education workshops:** Offering regular workshops to educate residents on maintaining their health and preventing diseases.

**Dental Screenings:** Make dental care accessible.

# 3. Expanding Mental Health Services

The demand for mental health services has been steadily increasing. Newberry could significantly benefit from:

**Providing resources by mental health professionals**

**Community outreach programs:** Initiatives to raise awareness about mental health issues and reduce stigma.

**Crisis intervention services**

# 4. Improving Maternal and Child Health

Maternal and child health is crucial for the well-being of future generations.

**Prenatal and postnatal care:** Offering resources for Doula and ensuring access to comprehensive care for expecting and new mothers.

**Maternal Mobile Outreach Clinic (UF SHANDS)**

**Pediatric services:** Expanding pediatric care and early childhood development programs.

**Parenting support groups:** Offering resources and support networks for new parents.

**Mammograms :** Offer free mammograms at health fairs.

## 5. Addressing Substance Abuse

Substance abuse continues to be a significant challenge. To combat this, Newberry could implement:

**Rehabilitation and support programs:** Establishing programs and support groups for individuals struggling with addiction.

**Preventative education:** Running educational campaigns in the community to inform about the dangers of substance abuse.

**Collaboration with law enforcement:** Working alongside law enforcement to address and reduce illicit drug use.

**6. Men's Health:** Offer free screenings for prostate cancer and other illnesses exclusive to men.

## Conclusion

Enhancing health services and resources in Newberry requires a multifaceted approach that addresses the diverse needs of the community. By focusing on these key areas, Newberry can ensure a healthier, more resilient population ready to face the challenges of tomorrow.